



CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

OPPORTUNITIES



This week is Mental Health Awareness Week. The theme this year is “community”. Being part of a safe, positive community is vital for our mental health and wellbeing. We thrive when we have strong connections with other people and supportive communities that remind us, we are not alone. Communities can provide a sense of belonging, safety, support in hard times, and give us a sense purpose.



Here are some charities in the mental health space that are celebrating the week in different ways: Mind, Rethink Mental Illness & Samaritans



Are you interested in learning more about careers in wealth management? This is the opportunity you’ve been waiting for! Join St. James’s Place, a FTSE 100 company, and its Financial Adviser Academy, for an exclusive full-day virtual work experience. Taking place on 29th May from 0930am-330pm.



There is a new documentary series on BBC, “The 9-5 with Stacey Dooley”. Stacey takes five 16-18-year-olds into industries that are crying out for young workers to give them the ultimate work experience.



Become a Bright Star with Specsavers; “Our exclusive university scholarship offers future Optometry students the chance to receive £10,000 (or €10,000 in the Republic or Ireland) over four years, towards the cost of their university experience. It’s aimed at STEM students, with only 40 spots across the UK. This is a one-of-a-kind opportunity to begin a promising career as an Optometrist.”



If you are looking to apply to Medicine, the Medical Schools Council have a useful tool that allows you to view and compare different Medical schools entry requirements.

JOB OF THE WEEK



Art Therapist

They help individuals with emotional or mental health difficulties, to express themselves, explore their feelings, and foster personal growth. Art therapy is a form of psychotherapy that uses art as a way to communicate. Watch the video to learn more about how much you could earn, working hours and pathways into the industry.

LABOUR MARKET INFORMATION FACT

According to a new report by Pathways, student career aspirations are rooted far deeper than you would expect. The research found that 44% of students still want the job they dreamed about in primary school.

Source

Feel free to drop into the Careers Office for a chat at lunchtime - any day except Thursday!



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On Thursday 22nd May, UCAS are running a [live TikTok Q&A](#) with an admission expert and a UCAS expert as they dive into all your questions about applying to university.



From September 2025, Apprenticeships now earn UCAS points. This means you could do an Apprenticeship at the end of Year 11 and then go onto University, which hasn't been possible in the past. [Click here to discover how your apprenticeship can earn UCAS Tariff points](#), helping you access higher education and take the next big step in your career.



The University of Southampton and University Hospital Southampton are pleased to offer students in Year 12 the opportunity to apply for [LIVE virtual work experience](#) delivered through Microsoft Teams. This project is aimed at students who are interested in studying Medicine. It is a very popular programme so please ensure you check the eligibility criteria before you apply. Applications open 9th to 30th June 2025. [This is the form to use](#) to apply when applications open.



Choices magazine is the ultimate parent and carer guide to apprenticeships and technical education! In [May's edition](#), find out what it's like to step into a corporate role at Lloyds Banking Group and hear first-hand experiences from two hairdressing apprentices. Find out why it's not too late to secure a role this summer.



[Sisterhood Summer](#) is a free programme to get your dreams out of the drafts and get equipped with the entrepreneurial skills to be a socially minded leader with the foundation to start your own business. Applications for Sisterhood Summer 2025 are open from 4th April - 6th June 2025.



Prosthetics and orthotics has a wide range of job roles for you to consider. Each job role has a range of career paths to explore. The resources [on this webpage](#) act as an introduction to the opportunities a career in prosthetics and orthotics can offer you.

EMPLOYER SPOTLIGHT

"From Consumer Banking to tech, marketing and beyond — we offer a diverse array of careers. You'll find a variety of career paths and opportunities to learn and grow.

We're committed to supporting our employees and helping them succeed every step of the way."

Read more about [JPMorganChase Careers here](#).

UNI SPOTLIGHT

"We are a university that enables opportunity for the good of everyone. Everyone needs ambitions and at City St George, we give you the opportunity to realise yours. Our community is strongly invested in [student wellbeing](#), [diversity](#), [environmental sustainability](#) and connections with responsible businesses."

Read more about [City St George's Courses here](#).

Remember that you can access your Unifrog login [here](#) - click the 'Forgotten password' button to log back in