



PE DEPARTMENT
EXTRA CURRICULAR ACTIVITIES
WEEK COMMENCING: 25th Nov 2024



After School Activities
3:05pm - 4:20pm (unless otherwise stated)

MONDAY	Professional Development Lunch – Senior Dodgeball Squads – Gym – FDN/MBY Lunch – Year 7 Basketball – Sports Hall – JGS Year 11 Boys Rugby Training – Astro – PRS U14 Girls Shuffles Practice - selected students-until 3.45pm – ARI
TUESDAY	Year 7B Trafford Netball League – (A) Urmston Grammar – RKY U14 Girls Hockey North West Finals - Kings Macc. - 9am - 3.30pm – ARI Year 10(B) Football v BTH - (A) – NMN Lunch – Senior Squads Dodgeball – Gym – FDN/MBY Year 7 Boys Football Practice – Astro – MTN Year 10 Netball Training – Sports Hall – SCR Year 7 & 8 Boys Rugby – Field – PRS/SHN/SBY Lunch – Year 9 Boys Rugby – Sports Hall – PRS (Trainers)
WEDNESDAY	6 th Form Football v Lymm (A) 2pm kick off NMN Invited Squads (7/8 Squads + Senior Squads) Dodgeball – Sports Hall – MBY Year 9 Boys and Girls Hockey - Astro and THC, till 5pm – ARI/FDN Year 11 Boys Rugby – Cheshire Cup Final @ Chester RUFC – KO @ 1.30pm – PRS All Years Girls Football – MCE Year 7 Basketball v St Ambrose (A) – JGS Year 7 Boys Rugby – Trafford Tournament @ TMV - SHN 6th Form Netball Training – Lunch – Sports Hall – RKY
THURSDAY	10A & 10B Netball v Sale Grammar (H) – Sports Hall – SCR Senior Squads only Dodgeball – gym – FDN Year 7A Netball v AOM – (A) – RKY Year 8 Boys Football (B) v BTH (A) – JGS Ski Trip Information Evening – Vale Hall – 6.00pm – 6.30pm – RKY Year 10 Boys Rugby v Sale High (H) – PRS 10/11 Basketball – Sports Hall – Lunch – NMN OCR Sports Studies – Lunchtime Coursework Catch up – Room 56 – PRS
FRIDAY	Year 7/8/9 Boys Hockey – Astro – FDN Lunch Year 8/9 Basketball – Sports Hall – AFS
SATURDAY	Trafford Schools Cross Country @ Longford Park 10am meet