

## MENU KEY • Added Plant Power

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN #1	Crunchy Crouton Mac & Cheese	Pork, Beef or Chicken Enchilada (choose one) with Rice	Roast Gammon, Roast Beef or Roast Turkey (choose one), New Potatoes, Seasonal Vegetables & Gravy	Jerk Chicken with Rice and Peas and Pineapple Slaw	Chip Shop Fish or Sausage with Chips, Mushy Peas and Gravy/ Curry Sauce	
MAIN #2	Bang Bang Cauliflower Mac & Cheese	Quorn Chilli Loaded Wedges	Roasted Vegetable Filo Pastry Tart with New Potatoes & Seasonal Vegetables	Curried Squash, Sweet Potato & Butterbean Stew with Rice and Peas & Pineapple Slaw	Chip Shop Vegan Sausage with Chips, Mushy Peas and Gravy/ Curry Sauce	
HAND HELD	Chicken Wings	Sausage Roll	Chicken Wrap	Bacon & Cheese Flatbread	Veggie Pitta Pizza	
<b>BOWLED</b> OVER	Rice Bowl	Pasta Kitchen	Vegetarian Noodle Street	Loaded Nachos	Pasta Kitchen	
<b>MODERN</b> BAKERY	Pineapple Upside Down Cake	Chocolate Crunch Cake	Summer Fruit Crumble with Custard	Warmed Jamaican Ginger Cake with Ice Cream or Custard	Iced Sponge Cake	
SPUDS	STATIO	ALL	ERGIES	7		
DON'T FORGET ABOUT OU Baked Potatoes with A Variety of toppings fo You to choose from	COME AND TRY O DR HOMEMADE SOUP	YHAT'S INSIDE	TO A MEMBER OF STAFF IF LERGY AND NEED TO KNOW OUR FOOD DISHES. THEY YOU OF YOUR AVAILABLE CHOICES.	cat	erlink the imagination	

WEEK TWO

## MENU KEY >- IM VEGAN! - ADDED PLANT POWER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetable Chow Mein	Chicken Souvlaki with Greek Salads	Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes	Chicken Tikka Masala with Rice	Breaded Fish, Chips & Garden Peas
Sweet and Sour Vegetables with Rice	Feta, Honey and Spinach Parcel with Greek Salads	Vegan Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes	Sweet Potato, Chickpea & Spinach Curry with Rice	Cheese and Leek Frittata with Chips and Garden Peas
Selection of Paninis	Sausage Roll	Chicken Wrap	Bagel Pizza	Chicken Quesadilla
Rice Bowl	Pasta Kitchen	Noodle Street	Pasta Kitchen	Loaded Nachos
Chocolate Sponge Pudding	Custard Tart with Mixed Berry Compote	Sticky Toffee Apple Crumble and Custard	Jam and Coconut Sponge	Oaty Flapjack
SOUP Station (Ome and try o Homemade soup	PLEASE SPEAK T VOU HAVE AN ALL S, WHAT'S INSIDE WILL ADVISE Y	ERGIES TO A MEMBER OF STAFF IF LERGY AND NEED TO KNOW OUR FOOD DISHES. THEY OU OF YOUR AVAILABLE	]	erlink the imagination
	Vegetable Chow Mein Sweet and Sour Vegetables with Rice Selection of Paninis Rice Bowl Rice Bowl Chocolate Sponge Pudding	Vegetable Chow Mein Chicken Souvlaki with Greek Salads   Sweet and Sour Vegetables with Rice Feta, Honey and Spinach Parcel with Greek Salads   Selection of Paninis Sausage Roll   Rice Bowl Pasta Kitchen   Rice Bowl Pasta Kitchen   shocolate Sponge Pudding Custard Tart with Mixed Berry Compote   SUP STRATION NULLARIE DAULYL PLEASE SPEAK TO WILLADVISE	Vegetable Chow Mein Chicken Souvlaki with Greek Salads Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes   Sweet and Sour Vegetables with Rice Feta, Honey and Spinach Parcel with Greek Salads Vegan Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes   Selection of Paninis Sausage Roll Vegan Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes   Rice Bowl Pasta Kitchen Noodle Street   Shocolate Sponge Pudding Custard Tart with Mixed Berry Compote Sticky Toffee Apple Crumble and Custard   Sticky Toffee Apple Crumble and Custard Pasta Kitchen Sticky Toffee Apple Crumble and Custard   Sticky Toffee Apple Crumble and Custard Sticky Toffee Apple Crumble and Custard   Sticky Toffee Apple Crumble and Custard Pasta Sticky Toffee Apple Crumble and Custard   Sticky Toffee Apple Crumble and Custard Pasta Sticky Toffee Apple Crumble and Custard   Sticky Toffee Apple Crumble and Custard Pasta Sticky Toffee Apple Crumble and Custard	Vegetable Chow Mein Image: Chicken Souvlaki with Greek Salads Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes Chicken Tikka Masala with Rice   Sweet and Sour Vegetables with Rice Image: Chicken Tikka Spinach Parcel with Greek Salads Vegan Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes Image: Chicken Tikka Masala with Rice   Sweet and Sour Vegetables with Rice Image: Chicken Tikka Spinach Parcel with Greek Salads Vegan Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes Sweet Potato, Chicken 2& Spinach Curry with Rice   Selection of Paninis Sausage Roll Chicken Wrap Bagel Pizza   Rice Bowl Pasta Kitchen Noodle Street Pasta Kitchen   Riceolate Sponge Pudding Custard Tart with Mixed Berry Compote Sticky Toffee Apple Crumble and Custard Jam and Coconut Sponge





MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY THE MEXICAN KITCHEN FIESTA Crunchy MAIN #1 **Fish and Chips Beef Lasagne with Topped Tomato** with Garden Garlic Bread Pasta Bake with **Spicy Mexican Chicken Paella** Peas or Baked and Salad Roasted **Chicken with Rice** with Patatas Beans Vegetables and Sides Bravas and Salads THE MEXI(AN KITCHEN FIECI Vegetarian Vegetarian ESPANOL MAIN #2 Burger and Toad in the **Vegetable Ragu Chips with Spanish Tortilla** Hole with with Garlic Bread Vegan Chilli with Garden Peas Mashed with Patatas and Spaghetti **Rice and Sides** or Baked Bravas and Potatoes & Salads Beans Gravy HAND HELD Selection of Selection of Pitta Pizza Chicken Wrap Sausage Roll Wraps **Paninis** BOWLED OVER **Rice Bowl** Pasta Kitchen **Rice Bowl Noodle Street** Pasta Kitchen MODERN **Chocolate Orange Apple Pie** Chocolate Fruit Muffins Peach Cake with Cream Cookie **Brownie** SUPER Spiins וחוד 10 FORGET ABOUT OUR

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

COME AND TRY OUR

HOMEMADE SOUPS,

AVAILABLE DAILY!

ED POTATOES WITH

YOU TO CHOOSE FROM!

ETY OF TOPPINGS FO

BAK

