

WEEK ONE

MENU KEY



- IM VEGAN!



- ADDED PLANT POWER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1


Crunchy Crouton
Mac & Cheese

Pork, Beef or
Chicken 
Enchilada
(choose one)
with Rice

Roast Gammon,
Roast Beef or
Roast Turkey
(choose one), New
Potatoes, Seasonal
Vegetables &
Gravy


Jerk Chicken
with Rice and
Peas and
Pineapple
Slaw

Chip Shop Fish
or Sausage with
Chips, Mushy
Peas and Gravy/
Curry Sauce

MAIN #2


Bang Bang
Cauliflower Mac &
Cheese

Quorn Chilli
Loaded
Wedges 

Roasted
Vegetable
Filo Pastry Tart
with New
Potatoes &
Seasonal 
Vegetables

 
Curried Squash,
Sweet Potato &
Butterbean Stew with
Rice and Peas &
Pineapple Slaw

Chip Shop Vegan
Sausage with
Chips, Mushy
Peas and Gravy/
Curry Sauce 

HAND HELD

Chicken Wings

Sausage Roll

Chicken Wrap

Bacon & Cheese
Flatbread

Veggie Pitta Pizza

BOWLED OVER

Rice Bowl

Pasta Kitchen

Vegetarian
Noodle Street

Loaded Nachos

Pasta Kitchen

MODERN BAKERY

Pineapple Upside
Down Cake

Chocolate Crunch
Cake

Summer Fruit
Crumble with
Custard

Warmed Jamaican
Ginger Cake with
Ice Cream or
Custard

Iced Sponge Cake

SUPER SPUDS

DON'T FORGET ABOUT OUR
BAKED POTATOES WITH A
VARIETY OF TOPPING FOR
YOU TO CHOOSE FROM!

SOUP STATION

COME AND TRY OUR
HOMEMADE SOUPS,
AVAILABLE DAILY!

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF
YOU HAVE AN ALLERGY AND NEED TO KNOW
WHAT'S INSIDE OUR FOOD DISHES. THEY
WILL ADVISE YOU OF YOUR AVAILABLE
CHOICES.

WEEK TWO

MENU KEY

 - IM VEGAN!  - ADDED PLANT POWER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1

Vegetable Chow Mein



Chicken Souvlaki with Greek Salads

Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes



Chicken Tikka Masala with Rice



Breaded Fish, Chips & Garden Peas

MAIN #2

Sweet and Sour Vegetables with Rice



Feta, Honey and Spinach Parcel with Greek Salads

Vegan Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes



Sweet Potato, Chickpea & Spinach Curry with Rice



Cheese and Leek Frittata with Chips and Garden Peas

HAND HELD

Selection of Paninis

Sausage Roll

Chicken Wrap

Bagel Pizza

Chicken Quesadilla

BOWLED OVER

Rice Bowl

Pasta Kitchen

Noodle Street

Pasta Kitchen

Loaded Nachos

MODERN BAKERY

Chocolate Sponge Pudding

Custard Tart with Mixed Berry Compote

Sticky Toffee Apple Crumble and Custard

Jam and Coconut Sponge

Oaty Flapjack



SUPER SPUDS

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WEEK THREE

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1

Crunchy Topped Tomato Pasta Bake with Roasted Vegetables 

THE MEXICAN KITCHEN

Spicy Mexican Chicken with Rice and Sides

Beef Lasagne with Garlic Bread and Salad 

FIESTA ESPANOL

Chicken Paella with Patatas Bravas and Salads

Fish and Chips with Garden Peas or Baked Beans

MAIN #2

Vegetarian Toad in the Hole with Mashed Potatoes & Gravy

THE MEXICAN KITCHEN

Vegan Chilli with Rice and Sides 

Vegetable Ragu with Garlic Bread and Spaghetti 

FIESTA ESPANOL

Spanish Tortilla with Patatas Bravas and Salads

Vegetarian Burger and Chips with Garden Peas or Baked Beans 

HAND HELD

Selection of Wraps

Pitta Pizza

Chicken Wrap

Selection of Paninis

Sausage Roll

BOWLED OVER

Rice Bowl

Pasta Kitchen

Rice Bowl

Noodle Street

Pasta Kitchen

MODERN BAKERY

Chocolate Orange Cookie 

Apple Pie with Cream

Fruit Muffins

Peach Cake

Chocolate Brownie

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