

Options 2024

EDUQAS GCSE PE

or

OCR Sport Studies

Why should I follow the PE pathway?

- If you have a passion for sport and physical activity
- If you have developed sports skills in a range of sports.
- If you have an interest in the wider world of sport
- If you would like to learn new skills in different sports
- If you are interested in pursuing sport in future studies or careers

Q: How do I select a specific PE course?

A: Students will select the PE Pathway course on their options form. The PE department will then review every student looking at what we already know, their grades so far in English, Science and PE as well as their potential to offer three practical sports. We will then decide on the course which will be more appropriate for the student.



Q: Is OCR Sport studies seen as a lesser course?

A: Absolutely not. Both courses equate to one GCSE grade and are accepted at all local Sixth Forms. Students wanting to progress onto A Level PE will need to achieve a Level 2 Merit in OCR Sports Studies while GCSE PE students will need a grade 6.

Q: What is the main difference between GCSE PE and OCR Sports studies?

A: The biggest difference between GCSE PE and OCR Sport studies is the method of assessment.

- GCSE PE has a final exam where students have to recall all the knowledge they have learned over the past two years. This accumulates to 60% of their final grade.
- In Sports Studies, students are assessed through coursework across 3 of the 4 units. They work at their own pace and receive teacher support to meet each deadline. There is one exam which equates to 40% of the final grade – *the exam covers one topic area.*

Practical difference

- Both courses have an element of practical sport. For GCSE PE students are expected to be playing and competing in sport outside of school. They will choose three sports that make up 30% of their final grade, they are assessed by PE staff and a final moderation day competing in front of an examiner.
- For OCR Sport studies students complete the Practical Sports unit and will demonstrate skills in two chosen sports. It is an advantage to compete outside of school, however the performance criteria is not as demanding as it is for GCSE PE.

Sports students can be assessed in

- Football – Badminton- Basketball – Cricket – Dance – Handball – Hockey – Lacrosse – Rowing – Rugby – Squash – Table Tennis – Volleyball – Boxing –Athletics – Badminton – Canoeing –Cycling –Golf –Gymnastics –Horse Riding –Kayaking –Rock Climbing – Rowing – Skiing – Snowboarding – Trampolining – Swimming – Netball – Ice Hockey

At GCSE one team / one individual and either a team or individual

At OCR two team or two individual.

Q: Why does the GCSE PE criteria look at English and Science grades?

- A: In the GCSE PE exam, students need to recall 2 years worth of subject knowledge. Four out of six units have an element of science, one of these units being Anatomy and Physiology. In this unit students will look into the workings of the body and how it effects and is affected by sporting performance.
- A strong English grade is needed as 70% of the course is written and relies heavily on students being confident in their written English in order to describe, explain, analyse and justify.

Q: What will I learn on the GCSE PE course?

A: On the GCSE PE course you will cover 6 main theory units.

Anatomy and Physiology

Movement Analysis

Physical Training

Health, Fitness and Well-being

Sport Psychology

Socio-cultural influences

Q: What will I learn on the BTEC Sport course?

- Over the duration of the course, OCR Sports Studies students will study 3 Units:

Unit 1_Contemporary issues in sport (40% exam)

Students explore a range of topical and contemporary issues in sport, such as participation levels and barriers, promoting values and ethical behaviour, and how sport contributes to society as a whole beyond simply providing entertainment.

Unit 2 Developing sport and leadership skills (40% coursework)

Students try out a range of sports-related skills and techniques, including different practice methods for improving both their own performance and that of others. They develop their knowledge of the use of tactics and strategies in both individual and team sporting activities as well as their understanding of the rules, enabling them to carry out a number of officiating roles within the activities.

Unit 3 Increasing awareness of Outdoor Adventurous Activities (20% coursework)

In this unit you will understand how to find out information about what opportunities there are in your local area as well as nationally in the UK for all different types of outdoor/adventurous activities. You will learn how to enjoy the activities safely by finding out what equipment, clothing, facilities and technology you need, as well as completing planning to help keep you safe.

Q: How is the GCSE PE course assessed?

A: There are three main elements to being assessed in GCSE PE.

1) Component 1 Written Exam Paper (60%)

2) Component 2: Written Coursework (10%)

Three practical sports (10% each – total 30%).

Q: How is the OCR Sport Studies assessed?

- Pupils will be assessed across 3 different units. Most of these units are internally assessed (teacher marked) through assignments with one unit being externally assessed.
- 1. One External examination (40%)
- 2. Two units comprised of different assignments including written and practical tasks
- (60%)

Q: If you take OCR Sports studies do you do more practical lessons?

- A: This would depend completely on which unit is being taught and which assignment currently being undertaken. A few assignments are more practically based and therefore lessons would reflect this. However, many of the assignments take the form of written tasks and therefore will be done in the classroom.

Q: Will I still do Core PE even if I do GCSE PE/OCR Sports Studies?

- A: All students in year 10 and 11 will have two periods a week of Core PE (like in year 7-9).
- If a student selects to do the PE pathway then they will have an additional five periods a fortnight of either GCSE PE or OCR Sports Studies.
- Two of the five pathway periods will always be practical.

Options after GCSE PE?

- A level PE at Wellington
- BTEC / OCR Level 3 in PE at other local college
- University Degree in Sport
- Sports Scholarship USA
- Apprenticeships

KS4 PE...Career options



Coaching
Nutritional analysis
Sports development officer
Physiotherapy
Personal training
Sports journalism
PE teacher
Events organiser
Media



Any questions...?

- Speak to your PE teacher or Mr Morgan.
- Discuss your suitability at parent's evening.
- Speak to current year 10 and 11 pupils taking PE at Ks4.
- Think about your ability and determination to score well in 3 different activities.
- Are you prepared to study hard and prepare well for your theory exam?

