

# THIS WEEK'S Eats

Week One



Everyday faves!

	option one	option two	Jackets	Pizza & Pasta	Hot Snacks	Subs	Salad	Sarnies
MON	<p><b>American</b> Beef Burger or the Incredible Vegan Burger</p> <p>with Tasty Wedges and Coleslaw</p>	<p><b>Mexican</b> Mexican Spiced Chicken Flatbread and Tomato Rice</p> <p>with Crunchy Raw Slaw</p>	<p>With a whole load of hot and cold topping options</p>	<p>A range of pasta sauces and pizzas daily</p>	<p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p>	<p>Our favourite sub bar with meat and vege fillings</p>	<p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p>	<p>Your favourite sarnie fillings everyday!</p>
TUE	<p><b>Chinese</b> Sweet &amp; Sour Chicken with Rice or Vege Chow Mein</p> <p>with Sweet Chilli Broccoli</p>	<p><b>Italian</b> Traditional Lasagne with Garlic Bread or Vege Ball Marinara Sub Roll</p> <p>with Garlic and Herb Wedges and Coleslaw</p>	<p>With a whole load of hot and cold topping options</p>	<p>A range of pasta sauces and pizzas daily</p>	<p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p>	<p>Our favourite sub bar with meat and vege fillings</p>	<p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p>	<p>Your favourite sarnie fillings everyday!</p>
WED	<p><b>British</b> Roast Turkey or Vegetable Pastry Slice</p> <p>with Roast Potatoes, Carrots, Cabbage and Gravy</p>	<p><b>Mexican</b> Beef Barbecoa Burrito</p> <p>with Sweetcorn</p>	<p>With a whole load of hot and cold topping options</p>	<p>A range of pasta sauces and pizzas daily</p>	<p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p>	<p>Our favourite sub bar with meat and vege fillings</p>	<p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p>	<p>Your favourite sarnie fillings everyday!</p>
THUR	<p><b>Indian</b> Chicken Korma and Rice or Vege Biryani</p> <p>with Lime Spiced Sweetcorn</p>	<p><b>Chinese</b> Sweet Chilli Chicken Noodles</p> <p>with Stir Fried Veg</p>	<p>With a whole load of hot and cold topping options</p>	<p>A range of pasta sauces and pizzas daily</p>	<p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p>	<p>Our favourite sub bar with meat and vege fillings</p>	<p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p>	<p>Your favourite sarnie fillings everyday!</p>
FRI	<p><b>British</b> Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans or Dirty Fries with Coleslaw</p>	<p><b>Italian</b> BBQ Chicken Mac N Cheese</p> <p>with Broccoli</p>	<p>With a whole load of hot and cold topping options</p>	<p>A range of pasta sauces and pizzas daily</p>	<p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p>	<p>Our favourite sub bar with meat and vege fillings</p>	<p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p>	<p>Your favourite sarnie fillings everyday!</p>

# THIS WEEK'S Eats

Week Two



	option one		option two		Everyday faves!			
			Jackets	Pizza & Pasta	Hot Snacks	Subs	Salad	Sarnies
MON	<b>American</b> Topped Mac N Cheese with Sweetcorn	<b>Mexican</b> Chipotle Chicken Taco with Mexican Rice and Sweetcorn	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
TUE	<b>Italian</b> Traditional Lasagne with Garlic Bread or Vege Ball Marinara Sub Roll with Garlic and Herb Wedges and Coleslaw	<b>Chinese</b> Sweet Chilli Chicken Noodles with Stir Fried Veg	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
WED	<b>British</b> Roast Pork with Stuffing and Apple Sauce or Quorn Roast with Roast Potatoes, Carrots, Cabbage and Gravy	<b>American</b> Beef Burger with Delicious Garlic and Herb Potato Wedges and Coleslaw	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
THUR	<b>Portuguese</b> Chicken Burger or Pitta with Portuguese Sauces Or The Incredible Vegan Burger with Fajita Wedges and Corn Slaw	<b>Indian</b> Chicken Tikka Masala with Cucumber Raita And Rice	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!
FRI	<b>British</b> Battered Fish or Breaded Chicken Strips or Vegan Sausage Roll with Chips, Baked Beans and Peas	<b>Mexican</b> Chicken Burrito with Broccoli	With a whole load of hot and cold topping options	A range of pasta sauces and pizzas daily	Delicious, hot range of paninis, toasties and pasties for you to choose from	Our favourite sub bar with meat and vege fillings	Choose from a whole selection of amazingly fresh salad bases and customise as you wish!	Your favourite sarnie fillings everyday!

# THIS WEEK'S Eats

Week Three



Everyday faves!

	option one	option two	Jackets	Pizza & Pasta	Hot Snacks	Subs	Salad	Sarnies
MON	<p><b>Mexican</b> Beef Burrito or Quorn Burrito with Sweetcorn</p>	<p><b>American</b> Topped Mac N Cheese with Sweetcorn</p>	<p>With a whole load of hot and cold topping options</p>	<p>A range of pasta sauces and pizzas daily</p>	<p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p>	<p>Our favourite sub bar with meat and vege fillings</p>	<p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p>	<p>Your favourite sarnie fillings everyday!</p>
TUE	<p><b>Portuguese</b> Chicken Burger or Pitta with Portuguese Sauces Or The Incredible Vegan Burger with Chipotle Wedges and Corn Slaw</p>	<p><b>Chinese</b> Chicken Chow Mein with Stir Fried Veg</p>	<p>With a whole load of hot and cold topping options</p>	<p>A range of pasta sauces and pizzas daily</p>	<p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p>	<p>Our favourite sub bar with meat and vege fillings</p>	<p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p>	<p>Your favourite sarnie fillings everyday!</p>
WED	<p><b>British</b> Roast Gammon or Quorn Roast with Roast Potatoes, Carrots, Cabbage and Gravy</p>	<p><b>American</b> New York Hot Dog with Paprika Wedges and Apple Slaw</p>	<p>With a whole load of hot and cold topping options</p>	<p>A range of pasta sauces and pizzas daily</p>	<p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p>	<p>Our favourite sub bar with meat and vege fillings</p>	<p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p>	<p>Your favourite sarnie fillings everyday!</p>
THUR	<p><b>Indian</b> Chicken Korma and Rice or Vege Biryani with Lime Spiced Sweetcorn</p>	<p><b>Italian</b> Traditional Lasagne with Garlic Bread and Lemon Garlic Broccoli</p>	<p>With a whole load of hot and cold topping options</p>	<p>A range of pasta sauces and pizzas daily</p>	<p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p>	<p>Our favourite sub bar with meat and vege fillings</p>	<p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p>	<p>Your favourite sarnie fillings everyday!</p>
FRI	<p><b>British</b> Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans or Dirty Fries with Coleslaw</p>	<p><b>Mexican</b> Chicken Club Quesadilla with Lime and Coriander Rice and Corn Slaw</p>	<p>With a whole load of hot and cold topping options</p>	<p>A range of pasta sauces and pizzas daily</p>	<p>Delicious, hot range of paninis, toasties and pasties for you to choose from</p>	<p>Our favourite sub bar with meat and vege fillings</p>	<p>Choose from a whole selection of amazingly fresh salad bases and customise as you wish!</p>	<p>Your favourite sarnie fillings everyday!</p>