

It's Not Okay Week of Action Parent Pack
June 2018

Thinkuknow - <https://www.thinkuknow.co.uk/parents/>

This website is part of the National Crime Agency's CEOP Command. They provide a lot of information and guidance to support parents and carers to understand child sexual exploitation, give them tools to have conversations with their children, support to take action about concerns and getting support. Best of all, it's free!

NSPCC Net Aware - <https://www.net-aware.org.uk/>

This is a really helpful guide to what apps, websites and social media's children are using. Parents review apps themselves and add their suggested age rating and this is particularly useful for parents/carers when their children are asking to join particular apps and social media's.

Net Aware also offer a free newsletter to help parents/carers keep up to date with the ever developing digital world. You can sign up for this on the Net Aware website.

PACE (Parents against child sexual exploitation) - <https://paceuk.info/>

PACE are a charity that is run by parents/carers of sexually exploited children for parents/carers of sexually exploited children. They offer:

- One to one telephone advice and support
- Facilitate peer support with other parents
- Advice on parental rights
- Advice and support when pursuing disruption and prosecution of offenders
- Befriending scheme
- Secure parent forum
- Parent networking