



**PE DEPARTMENT
EXTRA CURRICULAR ACTIVITIES
WEEK COMMENCING: 29th January 2024**



**After School Activities
3:05pm - 4:20pm (unless otherwise stated)**

MONDAY	<p>LUNCH – A Level Dance Moderation – NMN Year 10/11 Boys Hockey – Astro - short corner practice – ARI Year 8/9 Basketball – Sportshall – AFS Year 7 Girls Football Training – Astro – MTN</p>
TUESDAY	<p>8/9 Girls Trafford League Football vs AGGS – Astro – SCR All Years Cross Country – MCE Year 7B Trafford Netball League – Sportshall - (H) – RKY LUNCH - A-Level Netball Coaching – Sportshall – RKY LUNCH - GCSE PE Revision – Room 55 – NMN Year 9 Boys Football vs Laurus Ryecroft 3.15 kick off (H) – Field – NMN Year 7 Boys Football vs E Mcr Academy (A) – GM plate Return 6pm – JGS LUNCH – OCR catch up session – Room TBC – MCE Year 7 Boys Rugby – Field / Astro – SBY Year 9 Boys Rugby – Field / Astro – PRS</p>
WEDNESDAY	<p>Year 7/8 Dodgeball – Sportshall – Mr Bailey/FDN After school OCR catch up session Room 55 – ARI Year 8 Boys Rugby vs Lymm (A) – Return 4pm – NMN Year 10 Boys Rugby vs Lymm (A) – Return 4pm – PRS Year 7 Boys Rugby – Trafford Festival @ TMV – SHN</p>
THURSDAY	<p style="text-align: center;"><u>Year 9 Parents' Evening</u></p> <p>U13 girls Greater Manchester County tournament at MHSG. 12:30 - 4:30 – ARI Year 7A Trafford Netball League – Urmston Leisure Centre – (A)– RKY LUNCH - A-Level Netball Coaching – Sportshall – RKY/NMN A-Level Gymnastics Coaching – Sportshall – NMN Girls Rugby – Field / Astro – SBY</p>
FRIDAY	<p>Y7 Indoor Athletics Comp @ Sportcity – leave 11:30 – return by 5pm – MCE Year 7/8 Boys/Year 9 Mixed Hockey – Astro – FDN</p>