

GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>CARIBBEAN Jerk Beef Wrap 93156735</p> <p>Carnival Pasta 93156737</p> <p>Sweetcorn 93094208</p>	<p>CHINESE Aromatic Soy Pork with Egg Noodles 93070142</p> <p>Wok Tossed Oriental Vegetables 93130848</p>	<p>MEDITERRANEAN Chicken, Pea & Leek Pasta Bake * 93156791</p> <p>Corn on the Cob 93130897</p>	<p>INDIAN Beef Keema Balti Curry 93153185</p> <p>Naan Bread (no oil) 93034973</p> <p>Cucumber Raita 93142255</p>	<p>BRITISH Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Peas 93065563</p>
HIGH STREET FAVES	<p>DEEP SOUTH DINER New Yorker Quorn Dog 93147290</p>	<p>WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p>DEEP SOUTH DINER Ultimate Cheese Burger 93156800</p>	<p>WINGS & THINGS Lemon Piri Chicken Pitta 93156785</p>	<p>DEEP SOUTH DINER Cajun Pulled Pork & Bean Pitta 93147141</p>
	<p>Black Eyed Bean Veggie Burger 93132515</p>	<p>Smoky Cauliflower Cheese 93156770</p>	<p>Sweet Potato & Squash Stew 93101314</p>	<p>Veg & Bean Quesadilla 93086623</p>	<p>Veggie Quarter Pounder 93129224</p>
	<p>Cajun Wedges (no oil) 93157065</p>	<p>Garlic Bread* (no oil) 93154277</p>	<p>Paprika Wedges (no oil) 93130895</p>	<p>Tomato and Herb Rice 93153904</p>	<p>Chips (oil) 93124814</p>
	<p>Chop Chop Salad 93153242</p>	<p>BBQ Beans 93129227</p>	<p>Peas 93065563</p>	<p>Caesar Salad 93129328</p>	<p>Pineapple Coleslaw 93154276</p>
SPEEDY ITALIAN	<p>Veggie Supreme Pizza (v) 93135569</p>	<p>Bacon Pizza 93041401</p>	<p>Hawaiian Pizza 93128494</p>	<p>3 Cheese Sicilian Pizza (v) 93135631</p>	<p>Veggie Hot One Pizza (v) 93128498</p>
	<p>Veg Bolognese Pasta (v) 93102889</p>	<p>Arrabiata Pasta (v) 93147953</p>	<p>Beef Lasagne 93046483</p>	<p>Chunky Vegetable Pasta 93137661</p>	<p>Herby Tomato Pasta (v) 93147954</p>
	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>



GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>CHINESE Chicken Hakka Noodles 93156738</p> <p>Broccoli 93143358</p>	<p>MEXICAN Baked Beef Chimichangas 93153733</p> <p>Cajun Wedges (no oil) 93157065</p> <p>Streetcorn Salad 93153734</p>	<p>BRITISH Roast Pork 93098927</p> <p>Roast Potatoes (oil) 93035127</p> <p>Seasonal Cabbage 93143359</p> <p>Carrots 93065561</p> <p>Gravy 93034775</p>	<p>JAPANESE Chicken Katsu Curry 93142170</p> <p>Pineapple Rice 93156734</p> <p>Pickled Cucumber Salad 93128253</p>	<p>MEDITERRANEAN Mackerel Nicoise Salad *** 93156789 (oily fish)</p> <p>Garlic Bread * (no oil) 93154277</p>
HIGH STREET FAVES	<p>WINGS & THINGS Chicken Mayo Burger 93153888</p>	<p>WINGS & THINGS Cajun Chicken with Salsa 93070143</p>	<p>DEEP SOUTH DINER Beef Burger 93129200</p>	<p>DEEP SOUTH DINER Chipotle Bbq Pork 93080520</p>	<p>WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>
	<p>Halloumi & Roasted Vegetable Wrap 93131405</p>	<p>Boston Bean Casserole 93130977</p>	<p>Sweet Potato & Black Bean Enchilada 93129220</p>	<p>BBQ Quorn and Vegetable Skewer 93153889</p>	<p>Quorn Sausage Pattie & Cheese Bun 93133732</p>
	<p>Paprika Wedges (no oil) 93157066</p>	<p>Wholegrain Rice * 93109633</p>	<p>Baked Garlic & Herb Wedges (no oil) 93157067</p>	<p>Garlic Bread* (no oil) 93154277</p>	<p>Chips (oil) 93124814</p>
	<p>American Style Slaw 93101975</p>	<p>Red Slaw 93130896</p>	<p>BBQ Beans 93129227</p>	<p>Corn on the Cob 93130897</p>	<p>Apple Slaw 93129265</p>
SPEEDY ITALIAN	<p>Veggie Hot One Pizza (v) 93128498</p>	<p>Chicken Supreme Pizza 93128497</p>	<p>Veggie Supreme Pizza (v) 93135569</p>	<p>Bacon Pizza 93041401</p>	<p>Sicilian Cheese & Tomato Pizza (V) 93137894</p>
	<p>Arrabiata Pasta (v) 93147953</p>	<p>Herby Tomato Pasta (v) 93147954</p>	<p>BBQ Chicken Pasta* 93147137</p>	<p>Beef Lasagne 93046483</p>	<p>Italian Chicken Pasta 93147955</p>
	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>



GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>MEXICAN Chicken Molay 93156759</p> <p>Mexican Yellow Rice * 93156761</p> <p>Green Beans 93153275</p>	<p>INDIAN Curried Pulled Pork Flatbread 93127996</p> <p>Spiced Sweet Potato 93157069</p> <p>Crunchy Vegetable Salad 93080521</p>	<p>MEDITERRANEAN Beef Stifado 93156762</p> <p>Summer Cous Cous 93156765</p> <p>Lemon & Herb Courgette 93156766</p>	<p>THAI Chicken Pad Khing 93156732</p> <p>Broccoli 93143358</p>	<p>BRITISH Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Baked Beans 93036011</p>
HIGH STREET FAVES	<p>DEEP SOUTH DINER Beef Chilli 93129204</p>	<p>WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p>DEEP SOUTH DINER Quorn Cheese Burger 93153364</p>	<p>WINGS & THINGS Smoky BBQ Chicken and Boston Bean Wrap 93154280</p>	<p>DEEP SOUTH DINER New York Hot Dog 93142777</p>
	<p>Black Eyed Bean and Vegetable Jambalaya 93153886</p>	<p>Sweet Potato Bean Burger 93156768</p>	<p>Loaded Triple Mac 'N' Cheese 93129233</p>	<p>Sweetcorn Chickpea Veggie Burger 93153900</p>	<p>Cajun Veg & Bean Burrito 93148008</p>
	<p>Garlic Bread * (no oil) 93154277</p>	<p>Carnival rice 93153903</p>	<p>Baked Garlic & Herb Wedges (no oil) 93157067</p>	<p>Paprika Wedges (no oil) 93157066</p>	<p>Chips (oil) 93124814</p>
	<p>Southern Greens 93154278</p>	<p>Corn Slaw 93153240</p>	<p>BBQ Beans 93129227</p>	<p>Chop Chop Salad 93153242</p>	<p>House Slaw 93129626</p>
SPEEDY ITALIAN	<p>Veggie Hot One Pizza (v) 93128498</p>	<p>3 Cheese Sicilian Pizza (v) 93135631</p>	<p>Mushroom & Sweetcorn Pizza (v) 93147170</p>	<p>Sicilian Cheese & Tomato Pizza (V) 93137894</p>	<p>Cajun Chicken Sizzler Pizza 93128496</p>
	<p>Cheesy Penne Pasta (v) 93143814</p>	<p>Chicken And Tomato Pasta Bake 93102883</p>	<p>Carbonara Pasta 93137662</p>	<p>Herby Tomato Pasta (v) 93147954</p>	<p>Beef Bolognaise 93102799</p>
	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>	<p>Margherita Pizza (v) 93041388</p>

Did you know that your child
may be entitled to free school
meals.



Children whose parents receive the following support payments are entitled to receive free school meals.

- Income Support
- Income based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The Guarantee element of State Pension Credit

Child Tax Credit provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue & Customs) that does not exceed £16,190

Working Tax Credit 'run on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit

HOW TO CLAIM:

Access Trafford, Waterside House
Waterside, Sale, M33 7ZF
Tel: 0161 912 3265
freeschoolmeals@trafford.gov.uk

